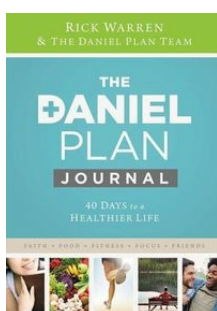


# DANIEL PLAN JOURNAL: 40 DAYS TO A HEALTHIER LIFE

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## Reader's Opinions

I was disappointed in the format of this book. I didn't have enough room to write and it seems like a workbook (notebook sized) would be more useful. Content was fine, just not really a usable journal.

This book is changing my life. I would highly recommend reading this book while in a group which meets weekly. What makes this plan different from others which I've tried is that...