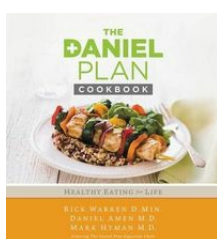


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Reader's Opinions

This one has some great recipes! Not gluten free or paleo, but a lot of the recipes could be adapted.

Good recipes; good intro.